



SPRING TERM MENU 2017

WEEK 1 20 February 2017



Monday

Tuesday


Wednesday

Thursday

Friday

week 1



 Pasta Bolognese Bake
OR
Cheese & Tomato Pasta Bake

with mixed veg & salad
.....
Tuna Pasta Salad
.....
Marble Sponge & Custard.
Fruit or Yoghurt

Roast Gammon & Gravy
OR
Lentil Roast
with roast potatoes, carrots &
broccoli
.....
Gammon Salad & roast
potatoes
.....
Cornflake Cake,
Fruit or Yoghurt

Chicken Casserole
OR
Roasted Veg Casserole

with mashed potatoes & peas
.....
Cheese Salad Sub Roll
.....
Apple Sponge & Custard,
Fruit or Yoghurt



Roast Turkey & Gravy
OR
Quorn Fillet

with new potatoes, cabbage &
sweetcorn
.....
Turkey Salad & New Potatoes
.....
Strawberry Jelly, Fruit or
Yoghurt

Fishcake with chips, beans &
peas
OR
Jacket Potato & beans
.....
Ham Salad & Chips
.....
Chocolate & Beetroot Brownie,
Fruit or Yoghurt

week 2



Cheese & Ham Wholemeal
Pizza
OR
Cheese & Tomato Wholemeal
Pizza
with potato wedges & beans
.....
Jacket Potato & Cheese
.....
Apple Crumble & Custard,
Fruit or Yoghurt

Sausage Pie
OR
Quorn Sausage Pie
with new potatoes, carrots, peas
& gravy
.....
Ham & Sweetcorn Pasta Salad
.....
Ice-cream,
Fruit or Yoghurt


Beef Lasagne
OR
Vegetable Ravioli
with
mixed veg & salad
.....
Egg Mayo Sub Roll
.....
Flapjack,
Fruit or Yoghurt

Roast Pork & Gravy with Roast
Potatoes
OR
Macaroni Cheese
with broccoli & sweetcorn
.....
Pork Salad & Roast Potatoes
.....
Vanilla Iced Shortbread,
Fruit or Yoghurt

Battered Fish
OR
Vegetable fingers,
with
chips, peas & spaghetti hoops
.....
Tuna Salad Wrap
.....
Chocolate Orange Duo Delight,
Fruit or Yoghurt

week 3



 Sausages
OR
Quorn Sausages
with mashed potato, beans &
peas
.....
Salmon Pasta Salad
.....
Jam & Coconut Sponge
& Custard,
Fruit or Yoghurt

Roast Turkey & Gravy
OR
Cauliflower Cheese
with roast potatoes, carrots &
swede
.....
Turkey Salad & Roast Potatoes
.....
Aussie Crunch,
Fruit or Yoghurt

Ham & Tomato Pasta Bake
OR
Roasted Veg Pasta Bake
with mixed veg & salad
.....
Cheese & Coleslaw Wrap
.....
Pear & Chocolate Sponge
& Custard,
Fruit or Yoghurt

Mince beef & Yorkshire Pudding
OR
Wholemeal Cheese & Tomato
Quiche
with new potatoes, broccoli &
sweetcorn
.....
Egg Salad & new potatoes
.....
Jam Doughnut,
Fruit or Yoghurt

Fish Fingers
OR
Spanish Omlette
with chips, peas & beans
.....
Tuna Salad & chips
.....
Strawberry Mousse,
Fruit or Yoghurt